

# Community Elementary School

August 2014



## Meet Your School Counselor

**School Counselor: Lauren Snell, M.Ed School Counseling**  
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### My Role as a School Counselor

As a school counselor I work with all students to develop their academic, personal, and social-emotional skills, while promoting healthy development and career awareness. I will be coming into your child's classroom to address topics within the academic, personal, social, and career domains. Examples of classroom lessons your child will receive include:

**Meet the Counselor:** Addressing the school-wide expectations including the three R's: "RESPECT, RESPONSIBILITY, and READY TO LEARN."

**Conflict Resolution:** This program introduces Kelso the frog and his fun and easy way to explain conflict management with his wheel of positive choices.

**Anti-Bullying:** I speak about prevention, awareness, and steps to take to address bullying.

**Respecting and Appreciating Differences:** We are all special and unique in our own ways.

**Personal Safety:** Keeping our bodies safe.

**Career Awareness:** The children learn about careers through developmentally appropriate exploration activities.

### Small Group Lessons

I meet with students in small groups for 4 to 6 weeks once per week for 20-30 minutes during a time chosen by the teacher and counselor that does not interfere with learning. Lunch Bunches have been successful in the past. In these small groups we discuss topics such as making friends, empathy, communication, bullying prevention, problem solving, decision making, and goal setting. I incorporate games, discussion, music, books, and art projects for a fun and positive experience for the students. Students can be referred by teachers or parents.

### Individual Counseling:

I also meet with students individually as needed through teacher or parent referral.

### My Mission

As a school counselor I am here to be an advocate, a supporter, a listening ear, and a resource. I am happy and willing to help you and your family have the most successful and enjoyable year possible!

### Conflict Resolution:

As our children are learning and growing it is important that they learn the skills to resolve interpersonal conflict. At times if students are having a conflict with one another, I may facilitate mediation with the children in my office. I stress that the children are not "in trouble," rather learning how to communicate and cope effectively. Here we work on communicating emotions effectively to one another, using I-statements, understanding empathy, and showing understanding for each other's perspective.

**I'm really looking forward to beginning a fun, exciting, and successful year with you and your child.  
Please do not hesitate to reach out to me with any questions or concerns!**